Following a meeting at the Central Office to elect officers and begin making activity plans for 2020, the Residents’ Council enjoyed lunch at the Hibachi Grill. Top left: CEO Ryan Whitmire with the 2020 officers, l-r: Chaplain Angie Mattox, Day Home; Vice President Davis Calhoun, Chatham Home; President Debbie Fogg, High Hope Home. More info on page 3.
Eggroll in a Bowl
Submitted by Holly Martin, Residential Services Nurse

Ingredients:
1 lb. ground turkey breast or extra lean ground beef
1/2 c. yellow onion, chopped
1 bag cabbage with shred carrot mix
1/4 c. liquid aminos (I use Bragg—this is a soy sauce substitute.)
1 tbsp. rice wine vinegar
1/2 tbsp. pure sesame oil

Directions:
Brown meat with onions in a large skillet over medium heat.
Drain off fat after meat is browned.
Return to pan.
Add the remaining ingredients and toss well in skillet. Turn heat to low and cover to allow steam to cook cabbage mixture. Stir occasionally until cabbage reaches desired texture.
Serve over brown rice or cauliflower rice and use extra liquid aminos sparingly as soy sauce. Enjoy!

Per serving (without rice):
220 calories
10g fat
8g carbs
24g protein

Bunny Head Fruit Platter
Ingredients:
1 pineapple
1 pear
3 kiwi
18 oz. blueberries
6 oz. raspberries
10 oz. strawberries
1 pkg. string cheese

Directions:
Wash, then, slice/dice strawberries, pineapple, kiwis, and pear. Keep 2 larger rectangles of pear set aside for the bunny’s teeth. Cup 2 circles of pineapple pieces together for the cheeks. Place 2 pear arches above the cheeks for the “whites of the eyes.”
Place the kiwi in the shapes of the ears and place sliced strawberries for the “pink” inner ear.
Fill in the rest of the head with pineapple and outline the ears with pineapple. Place blueberries for the large eye balls. Use a large raspberry for the nose. Use 2 large pieces of pear for the teeth. Fill in the background with the remaining fruit. String cheese works best to create the whiskers.
If the platter is going to sit for several hours before the meal, dip the pears in cold water with lemon juice.
The more contrast between fruit colors, the more the bunny head will “pop” from the platter.

Carrot Cake Cheese Ball
Serve with graham crackers, vanilla wafers, gingersnaps, apple slices.
Use carrot greens for garnish.

Ingredients:
8 oz. cream cheese
2 tsp. honey
1 tsp. vanilla extract
1/2 tsp. cinnamon
1/4 tsp. salt
1 c. shredded carrot plus 1/4 c., divided
1/2 c. diced pineapple
1/4 c. golden raisins
1/4 c. chopped, toasted pecans
1/4 c. toasted, unsweetened coconut flakes

Directions:
Whisk cream cheese, honey, vanilla, cinnamon, & salt in a medium bowl until combined. Stir in 1 c. carrot, pineapple, & raisins. Coat a large piece of plastic wrap with cooking spray. Scoop cheese mixture onto it. Using the plastic wrap to help, form cheese mixture into a ball, then completely wrap in plastic. Refrigerate for at least 1 hour or up to 2 days. Just before serving, combine pecans, coconut, & remaining carrot in a small bowl. Turn cheese ball onto a serving plate & form into a carrot shape. Coat with pecan mixture. Garnish.

March and April Birthdays

March
1-Sherricka Burdette, PT Paul
1-Linda Stapler, Snapfinger
9-Janie Goodman, PT Samaria
10-Laverne Phillips, FT Appalachee
11-Taylor Lovvorn, FT High Hope
12-Ryan Austin, Griffith/Jasper
13-Davis Calhoun, Chatham
13-Monique Hendrix, FT Briarlake
15-Anna Williams, Day
17-Eloise Crittenden, PT Stokes
17-Rico Lowe, Res Services Coordinator
26-Nileta Malcolm, FT Briarlake
27-Paula Lyons, FT Day
29-Sherry Oen, FT Griffith/Jasper
31-Alexandria Furlough, PT Pedigo

April
1-John Athens, Briarlake
1-April Williams, FT Chatham
8-Stacie Darnell, Stokes
15-Shelton Batchelor, Samaria
15-Yves Leveque, PT High Hope
17-Sonya Chito, PT Sundy/Hess
20-Amanda Pelot, Res Srvcs Coordinator
23-Jane Hill, Pedigo
27-Rodney Jones, Assistant Dir of Finance
30-Aaron Patton, PT Cherokee
Night to Shine

Night to Shine is an unforgettable prom night experience, centered on God’s love for people with special needs ages 14 and older. On February 7, 2020, Night to Shine celebrated its sixth anniversary. It was hosted by 721 churches across all 50 states and in 34 countries for approximately 115,000 honored guests through the support of 215,000 volunteers! Night to Shine is a night for the churches to shine, the volunteers to shine, the honored guests to shine, and most importantly, for God to shine! Our residents attended Night to Shine in four locations: Gwinnett Church in Sugar Hill, Pleasant Valley South Baptist Church in Silver Creek, Journey Community Church in Evans, and Camp Twin Lakes in Rutledge. Top row, left to right: Briarlake Home guys, Day Home ladies and staff, Cherokee Home guys. Second row, left to right: Wanda Tyler, Day Home; Paul Home guys; Brian Haynes, Briarlake Home. More photos and info on pg 4!

2020 Residents’ Council Info

Continued from front page: Other council members for 2020: top right, Elizabeth Chastain, Stokes Home; second row right, D. C. Dewberry, Cherokee Home; third row photo, far left, Holly Howard, High Hope Home; large group photo, Aaron Bearden (with orange cap), Jasper Home and right front, John Athens, Briarlake Home. Direct Support Staff from each home represented were in attendance, along with Fred Matthews, Jasper Home (group photo, left front), QA and Program Support Manager Alice Tiner, Residential Director Denel James, and Policy/Compliance Manager Sylvia Crowe. Congratulations to all those who are serving on the Residents’ Council in 2020!
More Night to Shine

Top row, left-right: Anna Williams, Day Home; Michael Champion, Briarlake Home; D. C. Dewberry, Cherokee Home; Angie Mattox, Day Home. Second row, left-right: Beverly Kitchens, Pedigo Home; Cory Schroeder, Paul Home; Jane Hill, Pedigo Home; John Athens, Briarlake Home. Third row, left to right: John Smith, Briarlake Home; Andy Taylor, Paul Home; Nathan Tippens, Cherokee Home.

From page 3: top row, left, left-right: John Smith, John Athens, Michael Champion, Briarlake Home. Top row, center, left-right: Angie Mattox, Day Home; Day Home Direct Support Staff Paula Lyons; Anna Williams, Day Home; Residential Director Denel James; Wanda Tyler, Day Home. Top row, right, left-right: Eddie Scott, D. C. Dewberry, Nathan Tippens, Cherokee Home. Second row group photo, left-right: Cory Schroeder, Tom Dahn, Michael Paul, Andy Taylor, Paul Home. Each of the honored guests received the royal treatment as a king or queen for the evening. It was a great night for all who participated!
Remembering David Henry

Our DDM family is deeply saddened by the passing of our friend and family member, David Henry of the Appalachian Home in Statham, on February 15, 2020. He came into the DDM program last summer, was always full of energy and wanted to be on the go. The first and second photos were taken at Camp Twin Lakes Residents’ Camp last August. The center photo, with CEO Ryan Whitmire as Elton John, was taken at the dance at camp. The third photo, dancing with Residential Director Denel James, was taken at the Fall Party in Jasper. David was a faithful member of Lindale Church of God. His funeral service was held on February 21 at Henderson & Sons Funeral Home in Rome. Please pray for David’s family and his DDM family and friends. He is greatly missed!

High Hope Homemade Pizza Night

The High Hope gang recently enjoyed making their own homemade pizzas, and then eating their creations with a healthy salad. Top row, left to right: Randy Fogg, Debbie Fogg, Holly Howard, and Elisa Corda. They had the choice of making a cheese pizza or a pepperoni pizza, and there was a variety of salad dressing options. Yum! Great job!
Top left, D.C. Dewberry and Nathan Tippens recently enjoyed a fun trip to Atlantic Station and a yummy lunch out. The Cherokee Home in Canton got more than a dusting when snow came through the area on February 8. We are thankful it was short lived. Thank you for the beautiful “winter wonderland” pictures! The Christmas stockings were hand drawn and painted by Direct Support Staff Janet Napoli-tano for each of the guys—D. C., Nathan, and Eddie Scott. (I received these stocking photos after the Jan/Feb newsletter was published.)
On Wednesday, January 15, a drop-in reception was held at the Central Office in Norcross in honor of Director of Operations Danny Henderson’s retirement. DDM staff, trustees, retirees, and friends came to express appreciation and to extend best wishes. Congratulations from everyone at DDM on your retirement after twelve years of faithful service to this ministry! More photos & info on pg 8.
Retirement Reception

Current participants in the Kroger Community Rewards Program, thank you for your support!

If you have a Kroger.com account, simply go to www.krogercommunityrewards.com and sign into your Kroger.com account.

Select “Developmental Disabilities Ministries” and click “Save”.

If you are not already enrolled, but you normally buy your groceries and gas at Kroger, I am sure you have a Kroger Plus card. Kroger provides money to non-profits who are registered through them, based upon the points that its preferred customers accumulate. If you will sign up with Kroger, you can select our ministry as a recipient of financial grants, based upon how much you spend at Kroger. This is a great way of contributing to DDM every time you go shopping. And it in no way affects your ability to also use your points for a discount at the gas pump! The more people who sign up with DDM as their charity of choice, the bigger difference it will make!

Below are instructions on how to go online and designate DDM as recipient of points based on your purchases.

When you go online at www.krogercommunityrewards.com:
*Click on Sign In/Register.
*New online customers must click on SIGN UP TODAY in the ‘New Customer’ box.
*Click on My Account and use your email address and password to proceed to the next step.
*Click on Edit Kroger Community Rewards information and input your Kroger Plus card number.
*Update or confirm your information.
*Enter NPO number or name of organization (Developmental Disabilities Ministries, DDM, NPO # 76841), select organization from list, and click on confirm.
*To verify that you are enrolled correctly, you will see DDM’s name on the right side of your information page.

From pg. 7: The “little cutie” in row three is the son of Residential Services Nurse Bettye Alexis, who is pictured with Danny in second row, right photo. Bottom row, left, CEO Ryan Whitmire presented a gift to Danny from the Central Office Staff. Bottom row center, Danny and Anne.
**Something to Crowe About**

**Novel Coronavirus (2019-nCoV) Situation Summary**

**Background:** The CDC is closely monitoring an outbreak of respiratory illness caused by a novel (new) coronavirus (named “2019-nCoV”) that was first detected in Wuhan City, Hubei Province, China and which continues to expand. Chinese health officials have reported thousands of infections with 2019-nCoV in China, with the virus reportedly spreading from person-to-person in many parts of that country. Infections with 2019-nCoV, most of them associated with travel from Wuhan, also are being reported in a growing number of international locations, including the United States. The United States reported the first confirmed instance of person-to-person spread with this virus on January 30, 2020.

**Source and Spread of the Virus:** Early on, many of the patients in the outbreak of respiratory illness caused by 2019-nCoV in Wuhan, China had some link to a large seafood and live animal market, suggesting animal-to-person spread. Later, a growing number of patients reportedly did not have exposure to animal markets, indicating person-to-person spread. Chinese officials report that sustained person-to-person spread in the community is occurring in China. Person-to-person spread has been reported outside China, including in the United States and other countries.

**Situation in US:** Imported cases of 2019-nCoV infection in people have been detected in the U.S. While person-to-person spread among close contacts has been detected with this virus, at this time this virus is NOT currently spreading in the community in the United States.

**Illness Severity:** The complete clinical picture with regard to 2019-nCoV is still not fully clear. Reported illnesses have ranged from infected people with little to no symptoms to people being severely ill and dying.

**Risk Assessment:** This is a very serious public health threat. The fact that this virus has caused severe illness and sustained person-to-person spread in China is concerning, but it’s unclear how the situation in the United States will unfold at this time.

**CDC Recommends:**

While the immediate risk of this new virus to the American public is believed to be low at this time, everyone can do their part to help us respond to this emerging public health threat:

**For everyone:** It’s currently flu and respiratory disease season. The CDC recommends getting vaccinated, taking everyday preventive actions to stop the spread of germs, and taking flu antivirals if prescribed.

**For healthcare professionals:**
- Be on the look-out for people with travel history to China and fever and respiratory symptoms.
- If you are a healthcare professional caring for a 2019-nCoV patient, please take care of yourself and follow recommended infection control procedures.

**For people who may have 2019-nCoV infection:** Please follow the CDC guidance on how to reduce the risk of spreading your illness to others.

**For travelers:** Stay up to date with the CDC’s travel health notices related to this outbreak.

*Submitted by Sylvia Crowe, Policy/Compliance Manager*
Top left, the Pedigo ladies enjoyed their Sunday School Christmas Party, l-r: Ruth Blanchard, Direct Support Staff Linda Marvicsin, Margaret Stapleton, Beverly Kitchens, and Jane Hill. The remaining Pedigo photos were from the Super Saturday Dance at Trinity on the Hill Church in December. The Briarlake guys had fun bowling—above, far left, and lower left photos. Above, l-r: John Athens, John Smith, Michael Champion, and Brian Haynes. Little Light of Mine, Briarlake Baptist Church’s Special Needs Ministry, went to Fire Station #22 on a mission project and enjoyed lunch at Cici’s afterward. Brian Haynes was one of the participants, bottom center and right.
Benefits of Bee Pollen

Bee pollen is one of the world’s most naturally nourishing foods. Surprisingly, these bee pollens contain almost all the nutrients needed by the human body to function. Bee pollen has more proteins than any animal source, which automatically places it as one of the best superfoods in the world.

Did you ever wonder why bees have the yellow color on them? Pollen, the male seed of flowers, is what gives bees their yellow color. When this golden powder ends up in the bee’s basket, it will turn into a granule - the Bee Pollen.

Bee pollen comes from the hard work of honeybees searching for food for their young. These bees gather pollen and carry it back home to feed the colony.

It also has other chemical components, such as digestible carbohydrates, sugars, lipids, phenolic compounds, minerals, water-soluble vitamins, and acids (including B1, B2, B6, and C) and fat-soluble vitamins (including vitamins A, E, and D). With all these nutrients, it is not a surprise to hear people say that this golden powder brings a bucket of benefits for us.

1. Relieves stress
   Provision of blood to your nervous system is improved and your mind becomes more alert. With its sunshine vitamin content, bee pollen has a way of enhancing your mood and relieving your stress after a long, long day at work.

2. Acts as an energy enhancer
   Besides its high content of vitamin B, these honeybee golds are rich in rutin - an antioxidant that enhances the cardiovascular function. Thus, it can increase your energy up to 25%. Some athletes even take bee pollen supplements before a competition to heighten their stamina and to fight off fatigue. And according to Dr. Gabriel Cousens, MD, bee pollen is the natural energy booster food.

3. Helps weight loss
   While there are tons of other natural weight loss foods available, bee pollen is the one you should definitely consider. It has the ability to stabilize chemical imbalances in your metabolism, thus keeping you away from abnormal weight gain. Aside from speeding up the burning of calories, a single pellet of this honeybee gold can also curb your unhealthy cravings. These golden granules may be added to your salad to help you lose weight.

4. Treats allergies
   While hay fever is caused by pollen, bee pollen can boost your immune system and help in the treatment of allergies. These honeybee golds should be taken six weeks before the season, depending on the pollen to which you are allergic. Leo Conway, M.D., of Denver, CO, treated his patients with bee pollen, and reported: "All patients who had taken the pollen for three years remained free from all allergy symptoms, no matter where they lived and regardless of diet."

5. Strengthens Immune System
   Bee pollens have antioxidants that protect the cells from damaged cells and free radicals. And aside from the fact that bee pollen is good for your intestinal flora, it also has antiviral properties, thus boosting your immune system.

6. Nourishes your skin
   There is much truth in the saying that beauty is only skin-deep. But it wouldn't hurt if we also do things to keep our skin healthy and younger looking. Because of the vitamins, enzymes, and nutrients in bee pollen, it can dramatically delay your wrinkles and smooth your skin to give you a glowing look. Dr. Lars-Erik Essen, dermatologist says, "Bee pollen seems to prevent premature aging of the cells and stimulates growth of new skin tissue. It offers effective protection against dehydration and injects new life into dry cells. It smooths away wrinkles and stimulates a life-giving blood supply to all skin cells."

7. Heals you effectively
   It has been known that bee pollen can be anti-inflammatory. You can even use bee pollen as an ointment to get a quick home remedy for burns. Its antimicrobial activity can also aid the healing process of a wound or burn.

8. Serves as a dietary supplement
   Bee pollens can be a good dietary supplement and can also aid in nutritional deficiencies.

behealthytoday.us
Duvall Prom

These fine gentlemen from the Duvall Home had so much fun at their prom—delicious food, dancing, and a great time with friends. Group photo at left, left-right: Direct Support Staff Roberta Burr, Direct Support Staff Ziaria Paden, Tim Peters, Robert Malone (red jacket), Aaron Fries, Charles Whittington, and Direct Support Staff Courtney Perkins.

In Honor
January/February 2020

In Honor:
Encouragers Bible Class, FBC Tucker
Robert Wright

Danny & Anne Henderson
Lloyd & Cathy Humphrey

The Ihnen Family from Augusta
Jane Gulley

In Memory
January/February 2020

In Memory:
Bruce Kelley
Cindy Marshall

Rev. Cooper & Mrs. Margaret Marshall
Cindy Marshall

Mike Standridge
Cindy Marshall

Larry Raulerson
Cindy Marshall

Gene Sullivan
Janene Sullivan

Mrs. Debbie Marshall Sutton
Cindy Marshall

Douglas & Carole White
Michael Brown

The Helping Hand Newsletter
Friends from High Hope, Day, and Corbit Walker Homes recently had dinner at Applebee’s to celebrate the birthday of High Hope Home’s Debbie Fogg. The “birthday girl” is pictured at top left (red shirt) and top right. Her brother, Randy, also lives at High Hope Home and is pictured second row center and right.    More photos on page 14.
Residents and staff from the three homes enjoyed good food, fun, and fellowship. Happy birthday, Debbie, from everyone at DDM! What a great way to celebrate and enjoy your day.
Recently, Hess and High Hope Homes had a great afternoon of bowling at Fun Bowl in Fayetteville and then dinner out at Zaxby’s. Top left, Alec Hyndman, Hess; Holly Howard and Debbie Fog, High Hope. Top center, Stanley Weed, Hess. Top right, Randy Fogg, High Hope; Doug Rowell, Hess. Second row right & third row left, we welcome Alec Hyndman, a new DDM friend at Hess Home. Third row center, Jeri Wilensky, Stacie Darnell, and Elizabeth Chastain of Stokes Home enjoyed lunch at Cici’s after participating in a mission project with Briarlake Baptist Church. Immediate right, happy birthday to Casey Cassell of Drew Home!
Your Kindness Quotient

How kind are you? What is your kindness quotient? When was the last time you did something kind for someone in your family—e.g., got a blanket, cleaned off the table, prepared the coffee—without being asked?

Think about your school or workplace. Which person is the most overlooked or avoided? A shy student? A grumpy employee? Maybe he doesn't speak the language. Maybe she doesn't fit in. Are you kind to this person?

Kind hearts are quietly kind. They let the car cut into traffic and the young mom with three kids move up in the checkout line. They pick up the neighbor's trash can that rolled into the street. And they are especially kind at church. They understand that perhaps the neediest person they'll meet all week is the one standing in the foyer or sitting on the row behind them in worship. Paul writes: "When we have the opportunity to help anyone, we should do it. But we should give special attention to those who are in the family of believers" (Galatians 6:10).

And, here is a challenge—what about your enemies? Suppose you surprised them with kindness? Not easy? No, it's not. But mercy is the deepest gesture of kindness. Jesus said: Love your enemies. Do good to those who hate you, bless those who curse you. If you love only the people who love you, what praise should you get? Love your enemies, do good to them. He is kind even to people who are ungrateful and full of sin. Show mercy, just as your Father shows mercy. (Luke 6:27-28, 32, 35-36)


Since He is so kind to us, can't we be a little kinder to ourselves? Oh, but you don't know me, Max. You don't know my faults and my thoughts. You don't know the gripes I grumble and the complaints I mumble. No, I don't, but He does. He knows everything about you, yet He doesn't hold back His kindness toward you. Has He, knowing all your secrets, retracted one promise or reclaimed one gift? No, He is kind to you. Why don't you be kind to yourself? He forgives your faults. Why don't you do the same? He thinks tomorrow is worth living. Why don't you agree? He believes in you enough to call you His ambassador, His follower, even His child. Why not take His cue and believe in yourself? Be kind to yourself. God thinks you're worth His kindness. And He's a good judge of character.

From A Love Worth Giving
Copyright (Thomas Nelson, 2002) Max Lucado
The Jasper guys and staff celebrated Direct Support Staff Marsha Buntin’s birthday with a cupcake party! They also had fun with their Super Bowl party—a great game, party food, and good friends. Bowling and then out for ice cream with Burnt Mountain Center friends, row three and row four left and center. Top left photo, l-r: Aaron Bearden, Direct Support Staff Marsha Buntin, Ryan Austin, and Fred Matthews. Bottom center, Direct Support Staff Sherry Oen, Aaron, and a BMC friend. Row four, right, Fred and Ryan are ready for the Valentine Dance at BMC.
Featured Residents’ Rights & Responsibilities

1. Residents cannot be given medications without a doctor’s written order, as punishment, or for staff convenience.
   Residents have the responsibility to learn about their medications for their health, side effects, and understand why they are taking them.

2. Residents have the right to be fully informed of charges for services.
   Residents have the responsibility to review the Room and Board Agreement expenses to live in the DDM home.

DDM Staff Anniversaries

March 1, Teresa Allen, Paul PT Direct Support Staff, 4 years
March 1, Minnie Rawls, Stokes PT Direct Support Staff, 4 years
March 6, Deja Lewis, Wooten PT Direct Support Staff, 5 years
March 7, Sonya Chito, Sundy/Hess PT Direct Support Staff, 4 years
March 7, Celay Graves, Drew FT Direct Support Staff, 4 years
March 8, Quentin Conner, Snapfinger PT Direct Support Staff, 4 years
March 14, Amanda Blocker, Griffith/Jasper FT Direct Support Staff, 4 years
March 15, Anne Henderson, Office Manager, 16 years
March 20, Lynette Buggs, Corbit Walker FT Direct Support Staff, 7 years
March 22, Alexandria Furlough, Pedigo PT Direct Support Staff, 2 years
March 31, Marsha Buntin, Griffith/Jasper FT Direct Support Staff, 4 years
April 1, Jameka Huff, Samaria PT Direct Support Staff, 1 year
April 1, Araminta Snoddy, Snapfinger FT Direct Support Staff, 6 years
April 3, April Williams, Chatham FT Direct Support Staff, 2 years
April 7, Nileta Malcolm, Briarlake FT Direct Support Staff, 5 years
April 14, Cynthia Lampkin, Drew FT Direct Support Staff, 2 years
April 16, Hodan Duale, Samaria FT Direct Support Staff, 2 years
April 17, Rico Lowe, Residential Services Coordinator, 7 years
April 22, Janie Goodman, Samaria PT Direct Support Staff, 9 years
April 23, Synitra Horton, Corbit Walker PT Direct Support Staff, 1 year
April 30, Alyssa Clark, Corbit Walker FT Direct Support Staff, 2 years
April 30, Mia McGee, Day PT Direct Support Staff, 2 years

Note from editor:
I am thankful to have had the opportunity to be the editor of the Helping Hand Newsletter since 2012. As my March 15th retirement date approaches, I am grateful to all who have contributed photos, articles, and DDM info through the years to make this publication possible. The Helping Hand will continue to be published bimonthly at the DDM Central Office. Anne Henderson, Office Manager

CALENDAR OF EVENTS

March 8- Daylight Saving Time Begins
March 19- Spring begins
March 20- Trustee Meeting
April 5- Palm Sunday
April 10- Good Friday
April 12- Easter
May 6- Gwinnett Stripers game & picnic

New Hires
We welcome new DDM staff:
Shawntia Wynn, Chatham FT Direct Support Staff
Tammy Johnson, Day PT Direct Support Staff
Belinda Mayfield, Samaria FT Direct Support Staff
Bethlehem Berhanu, Stokes PT Direct Support Staff

RESIDENTIAL SERVICES STAFF
For those staff who have recently been hired, please forward any receipts from your criminal background check, TB Test, or CPR/First Aid training to Human Resources, and you will be reimbursed after 6 months of employment. If you have any questions, contact HR directly.

Prayer Requests:
• Please pray for DDM residents and staff who have health concerns.
• Please pray for DDM staff and residents in the loss of Appalachee Home Resident David Henry.

“Like” us on Facebook!